



Give us a call today!  
860.623.9846

[www.freshriverhealthcare.com](http://www.freshriverhealthcare.com)

Please stop in or call to set up a  
tour for you or your loved one.  
We look forward to meeting you!

Fresh River's Huntington's Disease (HD) program is uniquely positioned as the only dedicated skilled nursing option in Connecticut for individuals living with HD. While other facilities may accept residents with movement disorders, Fresh River goes beyond by offering a truly specialized environment—staffed by trained professionals and supported by strong clinical partnerships.

In 2025, Fresh River is deepening its commitment through major investments in HD-specific equipment designed to improve resident care, comfort, and safety. These include Accora FloorBeds with full safety accessories, Broda therapeutic chairs, weighted dining kits, adaptive utensils, and communication devices like Tobii Dynavox tablets. Advanced mobility supports such as the NuStep recumbent cross trainer, U-Step walking stabilizers, Sara Steady sit-to-stand aids, and a full suite of Hoyer lift systems ensure safer and more efficient care. Additionally, the creation of a Huntington Tranquility Room—featuring sensory tools like fiber optic light kits, waterless bubble tubes, and interactive panels—will provide calming, therapeutic experiences tailored to the unique needs of HD residents.

Fresh River continues to lead the way in compassionate, stigma-free care for individuals with HD, accepting even the most challenging cases with a focus on dignity, innovation, and quality of life.



## Huntington's Disease Program

**FRESH RIVER**  
**HEALTHCARE**  
Enriching Lives!

96 Prospect Hill Road  
East Windsor, CT 06088  
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## Program Overview - What We Provide

At Fresh River Healthcare our focus is to enhance the care of people with Huntington's Disease using an interdisciplinary approach specific to each individual. The goal is to deliver a continuum of care that strives to maximize function, quality of life and dignity for individuals afflicted with this disease.

- Physical, Occupational and Speech Therapy Services
- Neuro-Gym supported treatment
- Environmental assessment
- Pain Management Program
- Incontinence Improvement Program
- Cognitive testing and rehabilitation
- Communication & language focus
- Dysphagia management with onsite MBS examinations
- Activity of Daily Living (ADL) re-training
- Home management skills assessment & re-training
- Family Training & Education

Rehabilitation Services  
provided onsite by



## Person-Centered Care

The following treatments can be provided at Fresh River Healthcare to enhance individuals with HD quality of life:

- Dedicated Program Coordinator
- Individualized supportive Treatment
- Collaborative Care with Board Certified Neurologist
- Physical, Occupational and Speech Therapy - inpatient and outpatient services
- Medication Management
- Supportive Psychiatric Services
- UCONN Health APRN assessment and collaboration at the facility
- Spiritual Care
- Respite Care
- Hospice Care
- HD Specific Staff Education
- HD Support Group for Residents
- HD Support Group for Families
- Social Services
- Dietician Services
- Therapeutic Recreation Services
  - ◆ Art Therapy
  - ◆ Dance and movement
  - ◆ Drumming Circle
  - ◆ Tai Chi Group Instruction
  - ◆ Reiki Energy Healing
  - ◆ One-on-one visits



## UConn Health's Huntington's Disease Program Partner

Fresh River Healthcare is honored to be the skilled nursing and rehabilitation partner with UConn Health's Huntington's Disease (HD) Program.

Through a collaborative agreement between Fresh River and the UConn Health HD Program our staff works with specialists to develop expertise in caring for the long-term care needs of this distinct group of individuals.

